



ESSENCE

— *Spa and Beauty* —

MENU OF SERVICES

07 4154 4570

BOOK ONLINE

essencespaandbeauty.com.au



welcome

Maximise your results, book in with our specialists for a complimentary skin or body consultation.

We recommend arriving at appointments 15 minutes prior, to ensure you can relax and unwind and fill in any relevant consultation forms.

Arriving on time ensures you to experience the total benefits of your treatment. Late arrivals will determine the length of your treatment.

Your treatment will end on time to ensure the next client is not inconvenienced.

We understand plans change however we need a minimum of 24 hours notice to fill the appointment.

Group bookings will require a 10% deposit and credit card details. Group Bookings require 72hrs notice for cancellations.

payment options

We provide the service of eftpos and accept all major credit cards. Prices and treatments subject to change without notice.

gift vouchers

Are available for any service or to the amount of your choice. All gift vouchers are valid for 6 months from date of purchase.

wedding packages

Are available, tailored personally to the Bride and Bridal party's needs.

skincare & makeup recommendations



guinot.com.au



issadacosmetics.com



hydropeptide.com.au



purefiji.com



asapskinproducts.com



omnilux.com



beautychef.com





rejuvenate and heal



OMNILUX LIGHT TREATMENT

Omnilux Light Treatment is a non-invasive LED light therapy that promotes facial rejuvenation, skin rejuvenation, collagen production and healing acceleration. It is also a new skin treatment that has been proven to effectively treat skin conditions like rosacea, acne and blemishes.

- *Treatment takes 30 minutes*
- *Clients experience pleasant, warm feelings due to the light energy*
- *Normal activities can be resumed immediately*
- *Can assist in faster healing from other cosmetic treatments*
- *A typical course includes 9 treatments for optimal results*

SINGLE SESSION

\$99 | 30mins

9 SESSIONS PLUS
3 BLUEBERRY PEELS

\$899 | Save \$367

TO BE USED OVER A PERIOD OF 1 MONTH

ADD TO ANY FACIAL TREATMENT

\$39 | 20mins

 **OMNILUX**
leaders in light therapy



Guinot treatments

ESSENCE SIGNATURE FACIAL \$129 | 60 mins

5 star treatment personalised to your skins needs.

Hydradermie is an exclusive GUINOT treatment suited to all skin types and designed to provide spectacular results in terms of youthful-looking skin. This treatment is customised to meet your skins individual needs with gentle electrotherapy to help active ingredients penetrate into the skin. Leaves the skin deep cleansed, hydrated and revitalised.

HYDRALIFT \$139 | 60 mins

The non surgical facelift.

Hydralift uses an advanced micro-current for muscle stimulation to exert a lifting effect on the facial features and oxygenate the skin.

AGE SUMMUM FACIAL \$139 | 60 mins

Guinot's most advanced anti-aging innovation.

Incorporating the most powerful products which are exclusive to this facial. Includes a manual dermabrasion, this treatment will hydrate, lift, deep cleanse and exfoliate, decrease fine lines, wrinkles and leave you with a radiant complexion.

HIGHLY RECOMMENDED TO BE TAKEN AS A COURSE OF 3 TREATMENTS OVER CONSECUTIVE WEEKS.

HYDRACLEAN \$75 | 30 mins

An express facial treatment.

Choose from 2 targeted treatments to deep clean and detoxify the skin for acne skin types, or to hydrate and work on collagen production. This treatment is great for teenage skins.

GUINOT AROMATIC FACIAL \$99 | 45 mins

The relaxing facial with essential oils.

Aromatic facial uses the biological effects of plant concentrates and the beneficial effects of essential oils to relax & re-energise the face and mind.

GUINOT LIFTOSOME FACIAL \$139 | 60 mins

The firming and lifting treatment with pro collagen.

Liftosome combines the power of high concentration Pro Collagen, Peptides and Vitamin C to strengthen the skins elasticity and firmness whilst stimulating cellular regeneration to lift the facial features.



ADD ONTO YOUR GUNIOT TREATMENT

ASAP PEEL \$30 | 15 mins

This non-invasive peel revitalises and rejuvenates the skin with minimal to no downtime. Improves skin brightness, softens fine lines, can improve the appearance of pigmentation and sun damage, clarify, soothe and prevent skin impurities.

HIGH FREQUENCY \$20 | 15 mins

Skin Healing for Acne breakouts

SCALP MASSAGE \$30 | 15 mins

OMNILUX \$39 | 20 mins

EYE LOGIC TREATMENT \$45 | 15 mins

Eye Logic is a contouring treatment that targets the very delicate eye area. This 3-step treatment will help drain puffiness around the eyes, decongest dark circles and smooth away crows feet and fine lines.





asap treatments

MICROPLUS

\$129 | 60 mins

Microplus combines Microdermabrasion with Sonophoresis to provide an effective treatment for fine lines and wrinkles, acne, blackheads and congestion, open pores and pigmentation. Microdermabrasion is a non-surgical, safe and gentle procedure that deeply exfoliates and polishes the skin to stimulate new cell growth. Sonophoresis uses ultrasonic technology that has been clinically proven to significantly increase the depth and rate that treatment products can be absorbed into the skin.

ADD-ON HAND & ARM MICRODERMABRASION

\$20 |

ASAP GYM FOR THE SKIN

\$85 | 30 mins

Your therapist, is your very own 'Personal Skin Coach'. Just as we keep our bodies fit and healthy with regular exercise, lasting results are achieved with ongoing skin treatments. Requiring no preparation or downtime, each combining a specific asap peel and a selection of serums to create a targeted treatment, that offers instant and long term visible results.

Treatments Include:

SKIN PIGMENTATION WORKOUT

The skin pigmentation workout delivers a brighter and more even complexion. This fantastic workout includes a fast-acting peel treatment to combat pigmentation and sun damage while building collagen and boosting the hydration of the skin.

REJUVENATION SKIN WORKOUT

The rejuvenation workout provides an instant recharge for dull skin and treats a range of skin concerns including dryness, skin congestion and break-outs. The combination of effective exfoliation methods in this workout will provide noticeable results and a refreshed, radiant complexion.

SKIN REFINING WORKOUT

Effectively treating uneven skin tone, sun damage, fine lines and wrinkles, this gentle and non-invasive workout is a potent weapon against skin ageing. Skin will be left feeling smoother, with a soft healthy glow.

REPLENISH SKIN WORKOUT

The replenish skin workout provides the ultimate hydrating treatment for tired, dull or dry skin. It encourages beautifully hydrated skin, the softening of fine lines and a smooth, even surface.

CLEAR SKIN WORKOUT

Treat acne from below the surface of the skin with this super effective treatment to clarify, soothe and prevent skin impurities. Gentle exfoliation combined with optimum levels of glycolic acid will treat acne and provide a thorough cleansing regime for oily and blemish prone skin. Skin is left clearer, smoother and refreshed.

REGENERATION SKIN WORKOUT

asap's DNA regeneration treatment workout provides an instant boost for sun damaged and ageing skin using the latest scientific technologies to assist in the repair of cellular DNA damage, minimising the effects of biological and premature ageing.





smooth and glow

IPL HAIR REMOVAL

Intense Pulsed Light (IPL) is a permanent Hair Reduction treatment. It is a safe and effective treatment that guarantees long-term smooth skin, which is an increasingly popular hair removal treatment.

Super hair removal (SHR) which is suited to larger treatment areas is a more modern, newer and safer treatment. We provide SHR for legs, arms, back and bikini.

	1T	6TP
LIP	\$39	\$119
CHIN	\$39	\$119
SIDES OF FACE	\$39	\$119
BIKINI	\$39	\$119
BRAZILIAN	\$69	\$249
UNDER ARM	\$39	\$119
HALF ARM	\$39	\$149
FULL ARM	\$99	\$299
HALF LEG	\$49	\$149
FULL LEG	\$99	\$299
BACK	\$99	\$299
CHEST	\$99	\$299
TUMMY LINE	\$29	\$99

SAVE UP TO 40% / ON UPFRONT PAYMENTS FOR **6 TREATMENTS**

**COMPULSORY
PATCH TEST**

A complimentary patch test is **COMPULSARY** and must be done at least 24 hours prior to your hair removal or skin rejuvenation session.

IPL PHOTO REJUVENATION

IPL is a non invasive skin treatment to help create a healthy, glowing skin. Intensive Pulsed Light (IPL) is effective in breaking down melanin in the skin, reversing pigmentation and smoothing out skin tone. It treats discolouration, redness and broken capillaries.

FULL FACE \$199 | 45 mins
INCLUDING TAKE HOME SERUM

FULL FACE & NECK \$229 | 45 mins
INCLUDING TAKE HOME SERUM

CAPILLARIES

CHEEKS \$99 | 20 mins
CHIN \$79 | 20 mins
NOSE \$79 | 15 mins

SKIN NEEDLING

Skin Needling is a tiny hand held medical device that gently punctures the skin. Millions of tiny channels are created to carry 80% more tropical nutrients deeper into the skin. It tackles scarring, stimulates your natural collagen production, reduces pore size, and evens out skin tone. Giving you a smooth younger look.

FULL FACE & NECK \$199 | 45 mins
INCLUDING TAKE HOME SERUM



skin packages



ACNE

OVER 8 WEEK PERIOD

- Patch test
- 3 IPL Skin Rejuvenation Treatments
- 1 Microplus Treatment
- 7 Omnilux Sessions
- 1 ASAP Super B Serum to take home
- 1 ASAP Beautiful Skin Pack to take home

\$1099 | SAVE \$394

ANTI-AGEING

OVER 12 WEEK PERIOD

- Patch test
- 3 IPL Skin Rejuvenation Treatments
- 2 Hydradermie Facial Treatments
- 9 Omnilux Sessions
- Hydropeptide Solar Defense to take home
- ASAP Super B Serum to take home

\$1299 | SAVE \$339

PIGMENTATION

OVER A 12 WEEK PERIOD

Pigmentation concerns need to be assessed on an individual basis at your first appointment

- Patch test
- 3 IPL Pigmentation Sessions
- 8 Omnilux Sessions
- 2 Microplus Facials
- Hydropeptide Lumapro C Serum
- Hydropeptide Solar Defense to take home

\$1499 | SAVE \$336



relax and revive

MASSAGE & BODY TREATMENT

Our relaxation massages include Dry Body Brushing, Rose Petal foot soak and Sugar Scrub for the feet.

HALF BODY	\$65		30 mins
FULL BODY	\$95		60 mins
COUPLES MASSAGE	\$200		60 mins
FULL BODY PREGNANCY MASSAGE	\$90		60 mins
ADD-ON HAHANA HOT STONES	\$30		Add 15 mins
PARADISE RITUAL WRAP	\$139		75 mins

Your journey begins with dry body brushing and a full body sugar scrub to gently buff away dead skin cells. Your body is then drenched in exotic coconut oil and painted in rich, hydrating body butter. Relax and drift away in a body wrap while you receive a Fijian oil scalp massage (optional).



TECHNISPA

Slimming & Firming Treatment for the body.

This body treatment helps break down the physical signs of cellulite and eliminates toxins and fluid retention from the body. This occurs with the infusion of specific gels with a micro galvanic current and lymphatic drainage.

SINGLE SESSION	\$120		45 mins
COURSE OF 6	\$600		SAVE \$120

TANNING

Our 'Naked Tan' Spray Tans have two options both a 20-minute and a 2 hour.

Make sure your body has been exfoliated prior to your appointment and no moisturisers, oils or deodorants are to be applied.

All shaving and waxing must be done at least 24hrs prior to your tan. Wear loose clothing. Disposables are supplied.

SPRAY TAN

\$40 | 10 mins

NAKED • TAN
AUSTRALIA



waxing, brows and tinting



WAXING

BIKINI LINE (STANDARD)	\$25	½ ARM	\$30
G-STRING	\$35	FULL ARM	\$40
FULL BIKINI	\$55	BACK OR CHEST	\$45
STOMACH LINE	\$10	LIP OR CHIN	\$15
½ LEG	\$35	LIP & CHIN	\$25
¾ LEG	\$40	FULL FACE WAX Includes Brow Tidy	\$55
FULL LEG	\$45	SIDES OF FACE OR NECK	\$20
UNDERARM	\$20		

BROWS & TINTING

EYEBROW TIDY	\$20
EYEBROW RE-SCULPTURE	\$30
EYELASH TINT	\$20
EYEBROW TINT	\$15
EYEBROW WAX & TINT, EYELASH TINT	\$50
HENNA BROW TINT & EYEBROW TIDY	\$50
HENNA BROW TINT & RE-SCULPTURE	\$60
LASH LIFT & TINT	\$70
Get curled, lifted lashes with an ELEEBANA Lash Lift followed by an Eyelash Tint	





shine from top to toe

MANICURES & PEDICURES

Using our Luxurious Pure Fiji treatment range. Remember to bring open toe shoes.

DELUXE SPA PEDICURE

\$99 | 70 mins

The ultimate luxury for your feet.
Includes a warming rose petal foot soak, full foot and leg exfoliation, Paraffin mask, Hot Stone Massage for the legs and feet, Nail tidy and polish.

SPA PEDICURE

\$79 | 55 mins

A warming rose petal foot soak, dead skin removal, exfoliation, full foot and leg massage, nail tidy & polish.

SPA MANICURE

\$60 | 45 mins

Includes rose petal hand soak, Full hand & arm exfoliation and massage, nail tidy & polish.

SPA MANICURE & SPA PEDICURE

\$130 | 100 mins

MINI MANICURE

\$50 | 30 mins

File, massage and polish.

MINI PEDICURE

\$55 | 30 mins

Hot Towel, cut, file, massage and polish.

SHELLAC

| \$50

SHELLAC REMOVAL

| \$20

SHELLAC ADD-ON

| \$20

For manicure or pedicure.

ASAP MEDI PEDI

\$79 | 30 mins

The ultimate treatment for feet.
In need of a little extra care and attention. Includes foot soak, AHA exfoliation, Glycolic peel, dead skin removal, Microdermabrasion on soles of feet, application of revitalising lotion and scalp massage. Great for those who suffer from cracked heels and very dry skin.

ASAP MEDI PEDI

\$99 | 60 mins

WITH, FILE, POLISH



MAKEUP

We use and recommend Issada Cosmetics to enhance your skins appearance.

We cater for all skin types & occasions: Day Look, Evening, Formal/Bridal or Photographic. Issada prides itself on an extensive range of high pigmented, quality colour.

CALL OUT FEE

| \$85

SPECIAL OCCASION BRIDE/BRIDESMAID TRIAL

| \$85

MAKEUP LESSON

| \$85

PRICE REDEEMABLE OFF
2 PRODUCTS PURCHASED
ON THE DAY

ISSADA 'LUXELASHES' EYELASHES & APPLICATION

| ADD \$25



relaxation packages



FIJIAN PARADISE

\$329 | 200 MINUTES

- Paradise Ritual Wrap with Fijian Oil Scalp Massage
- Rose Petal Foot Soak
- Essence Signature Facial
- Spa Pedicure
- Dry Body Brush
- Hand & Arm Massage

AROMATHERAPY TOUCH

\$269 | 180 MINS

- Rose Petal Foot Soak
- Half Body Hot Stone Massage
- Hand & Arm Massage
- Aromatic Facial
- Spa Pedicure

RADIANCE & EYES

\$129 | 75 MINS

- Rose Petal Foot Soak
- Hand & Arm Massage
- Eyebrow Wax, Eyebrow Tint, Eyelash Tint
- Hydraclean Facial
- Foot & Leg Massage

MELTING MOMENT

\$199 | 110MINS

- Rose Petal Foot Soak
- Full body massage
- Hand & Arm Massage
- Dry body brushing
- Aromatic facial
- Scalp massage

SPA HOURS

MONDAY | 9.00am - 5.30pm

TUESDAY | 9.00am - 5.30pm

WEDNESDAY | 9.00am - 6.00pm

THURSDAY | 9.00am - 7.00pm

FRIDAY | 9.00am - 5.30pm

SATURDAY | 9.00am - 2.00pm



TELEPHONE | 07 4154 4570

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Essence Spa & Beauty



[essencespaandbeauty](https://www.instagram.com/essencespaandbeauty)